

PROFILE OF ADULT PATIENTS WITH INTELLECTUAL DISABILITY AND MENTAL DISORDER

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INTRODUCTION

People with intellectual disability are at considerable risk for the development of comorbid psychiatric symptoms. Prevalence of psychiatric illness is between 10 and 39%. The coexistence of these diseases makes difficult to separate clinical presentations of each one.

OBJECTIVE

The aim of this study is to describe the profile of patients with intellectual disability and mental disorder.

METHOD

Cross-sectional study, describing a sample of 30 psychiatric outpatients diagnosed with intellectual disability using diagnosis criteria of DSM 5, attended in a mental health center in Barcelona. Sociodemographic and clinical data were analysed using SPSS.

RESULTS

Table 1. Main characteristics of the study sample

Quantitative variables	mean (SD)
Age	37,6 (15)
Age of the first contact with mental health center	21,20 (16)
Global Assessment of Functioning Scale (GAF)	35 (12,2)
Hospital admissions	1,27 (2,6)
Qualitative variables	n (%)
Gender (women)	19 (63,3)
Living with family	27 (90)
Marital status (singles)	26 (86,7)
Education level (without education)	27 (90)
Unemployed	2 (6,7)
Vinculated to an adapted center	18 (60)
Legally incapacitated	13 (43,4)
Family history of mental illness	12 (40)
Mind mental retardation	27 (73,3)
History of heteroagressivity	23 (76,7)
Diagnosis of autistic spectrum disorder	4 (13,3)

Figure 2. Psychiatric diagnosis (%)

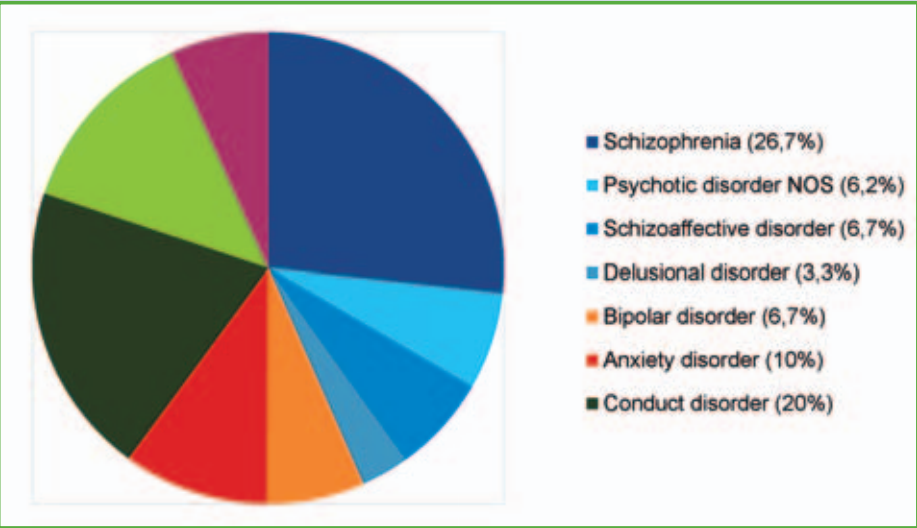
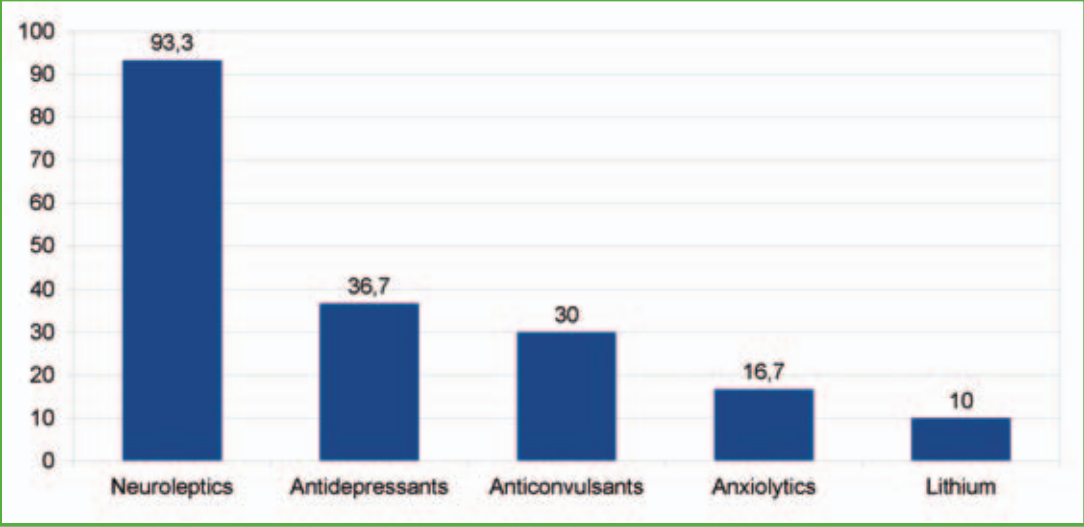


Figure 3. Pharmacotherapy (%)



CONCLUSIONS

Patients with intellectual disability visited in mental health center have a high prevalence of Severe Mental Illness. The most frequently used drugs are atypical antipsychotics and antidepressants. These patients have low global functioning. It's necessary to develop specific programs for patients with dual disorder.