

Description of a sample of suicide attempts in psychiatric emergency visited

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Introduction

From a total of 23,860 psychiatric emergencies attended between the two emergency services managed by our institution, 1579 emergencies were attended for suicidal attempts and another 1001 emergencies for suicidal ideation without attempt during the period of study (2012-2014).

Aim & Methodology

To describe the clinical characteristics of a sample of suicidal attempts registered at our Psychiatric Emergency Units between 2012 and 2014. Clinical and demographic data were collected from the medical records.

Results

- Suicidal attempts represented 6.6% of all psychiatric emergencies between 2012-2014.
- 77.7% of the patients were women and 22.3% men.
- Mean age was 43 years (range 17-83).
- All attempts registered corresponded to 1326 patients, being 14.6% repeated attempts.
- In 31% of cases non-syndromic diagnosis was made. The most frequent diagnosis was adjustment disorders (26.3%), followed by mood disorders (16.68%), personality disorders (14.73 %) (borderline and unspecific most of them) and substance use disorders (9.17%).
- This study is included in a follow-up study of suicidal attempts evaluated in our Psychiatric Emergency Units during this period.

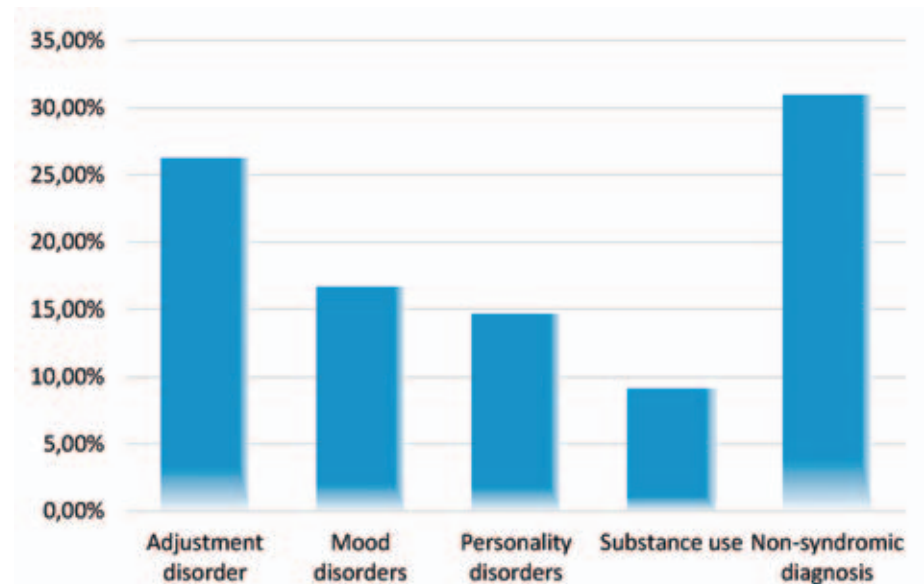
Psychiatric emergencies attended
(n=23860)



Gender Distribution



Discharge diagnosis



Conclusions

Further efforts to identify clinical risk variables in order to improve medical care for these patients and prevent suicidal behaviors should be conducted.

References

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- Zeppegno et al. Suicide attempts and emergency room psychiatric consultation DOI 10.1186/s12888-015-0392-2 BMC Psychiatry (2015) 15:13.