CB1-5-HT2A heteromers in schizophrenia patients: human studies in pro-neurons of the olfactory epithelium

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Introduction

Despite multiple clinical and pre-clinical studies investigating schizophrenia, the neurobiological basis of this disease is still unknown. The dysregulation of the serotonergic system, in particular, the 5-HT2A receptor and the endocannabinoid system have been postulated as possible causes of schizophrenia.

Objectives

The aim of this study is to evaluate the expression of CB1-5- HT_{2A} receptor heteromers in primary cultures of pro-neurons from the olfactory epithelium in schizophrenia patients and control subjects.

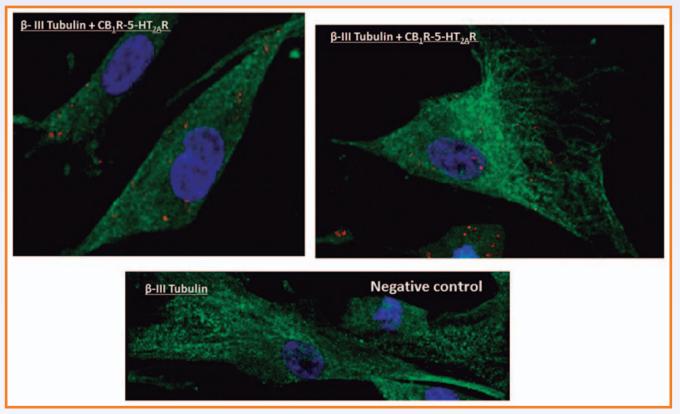
Methods

We recruited a group of 9 healthy volunteers, and 7 patients diagnosed with schizophrenia, which were treated with atypical antipsychotics, were clinically stable and had an illness duration range from 1 up to 15 years. The patients were diagnosed with schizophrenia from the medical record and confirmed by the Structured Clinical Interview for DSM Disorders. The expression of CB1-5-HT_{2A} receptor heteromers in primary cultures of pro-neurons from the olfactory epithelium was quantified using proximity ligation assays and confocal microscopy. The patients and healthy controls were matched by age and gender.

Results

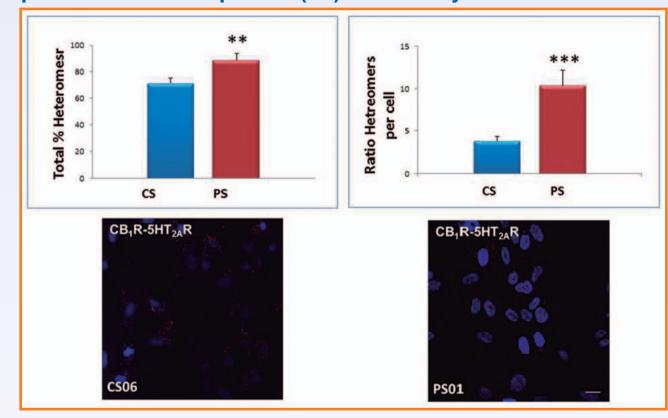
• Olfactory epithelium pro-neurons were viable and expressed the neuronal marker, III- β tubulin. We also established the presence and the functionality of CB1-5-HT_{2A} receptor heteromers in these cells using the proximity ligation and cAMP activity assays, respectively (Figure 1).

Figure 1. Immunofluorescent staining with $\beta\text{-III}$ tubulin and CB1-5-HT2A heteromers by PLA healthy controls



• Heteromer expression was significantly increased in schizophrenia patients with respect to controls (Figure 2).

Figure 2. CB1-5-HT2A heteromers in control subjects (CS), and patients with schizophrenia (PS) detected by in situ PLAs



Conclusions

• This highly innovative methodology will allow the non-invasive, low-cost study of new biomarkers for schizophrenia in a model closely related to the central nervous system.

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